

The Marathon Swimming Library

The definitive library of Marathon Swimming books, compiled by the over 1000 international members of the English Channel chat group. (email me if you know of some others!)

	Book	Author	Comments on the books I've read...
1	Believe it or not!	Michael Jennings (2009)	A fun biography about some great personal adventures!
2	Conquest of the English Channel	Thomas Hetzel	
3	Dangerous when wet	Shelly Taylor Smith	
4	Dover Solo	Marcia Cleveland	Great as an instructional book for swimming the English Channel
5	Gold in the water	P.H. Mullen	One of my favorite books of all time! Exceptionally inspirational. A must read!
6	Grayson	Lynne Cox	The story of one of Lynn's heart-warming and adventurous swims! Really amazing!
7	Haunts of the Black Masseur "The swimmer hero"	Charles Sprawson	
8	How to Swim	Captain Davis Dalton (1899)	
9	It's cold in the Channel	Sam Rockett	
10	Mad, bad and dangerous to know	Ran Fiennes	
11	Marilyn Bell: The heart-stopping tale of Marilyn's record breaking swim	Patrick Tivy	An interesting historical account of a legendary swim.
12	Mastery	George Leonard	
13	Modern Long Distance Swimming	Gerald Forsberg (1963)	
14	Nine ways to cross a river	Akiko Busch	
15	Nothing Great Is Easy	Des Renford	An entertaining story about an amazing swimmer and colorful man!
16	Open Water Swimming	Penny Lee Dean	More of an instructional book from one of the best.
17	Other Shores	Diana Nyad	A biography of some of Diana's big swims, before her Cuba to Florida attempts in 2011.
18	Outside the box	Terry Laughlin	
19	Phil Garn's 2008 English Channel report	Phil Garn	A very detailed and informative swim report, great if you plan on swimming the EC
20	Sage Island	Samantha Warwick	
21	Sports Nutrition for Endurance Athletes	Monique Ryan	
22	Swimmers: Courage & Triumph	Larry Thompson	
23	Swimming	Montague A. Holbein (1914)	
24	Swimming Scientifically Taught	Frank Eugen Dalton (1912)	
25	Swimming to Antarctica	Lynne Cox	A great inspirational biography! Full of unprecedented swims, goals and accomplishments!
26	Text book of swimming	Jabez Wolfe	
27	The Art of Swimming	Captain Matthew Webb	
28	The Crossing	Kathy Watson	
29	The Great Swim	Gavin Mortimer	
30	The history of open water swimming	Captain Tim Johnson	
31	The man who swam the Amazon	Matthew Mohlke	
32	Two faces of the English Channel	Paul Jagasich	
33	Waterlog	Roger Deakin	
34	Wind, Waves and Sunburn	Conrad Wennerberg	Probably the most important historical account of North American marathon swimming.
35	With each stroke, the endless blue (in Spanish)	Nora Toledano/Antonio Arguelles	
36	Young woman and the sea	Glenn Stout	