

Guelph Lake 1, Olympic Distance Tri

June 20, 2011

Place	Name	City		Time	Category	Category Place	1500m SWIM Cat / Ovr Time /100m	40K BIKE Cat / Ovr Time km/h	10K RUN Cat / Ovr Time /km	Tr1	Tr2	DQ
193	Rob KENT	Oakville	CAN	2:43:17	M45-49	17/41	3 25:42 1:43	38 1:26:57 27.6	9 46:35 4:40	1:48	2:16	
212	Wesley SKOCZEN	Burlington	CAN	2:45:02	M50-54	18/39	18 33:16 2:14	11 1:11:57 33.4	23 53:24 5:21	3:48	2:39	
232	Ron MAREK	Oakville	CAN	2:46:44	M35-39	31/55	41 35:46 2:24	36 1:19:42 30.1	17 45:37 4:34	3:18	2:24	
263	Wendy LENGYEL	Oakville	CAN	2:52:34	F40-44	8/34	6 31:15 2:05	13 1:23:14 28.8	14 54:12 5:26	2:24	1:31	
298	Kathy JACKSON	Oakville	CAN	2:56:55	F45-49	5/20	5 34:30 2:18	6 1:21:48 29.3	8 55:56 5:36	3:00	1:44	
302	Joanne KENT	Oakville	CAN	2:57:35	F45-49	6/20	7 35:06 2:21	7 1:22:10 29.2	5 55:02 5:31	3:14	2:06	
305	Cheryl MURPHY	Oakville	CAN	2:57:39	F40-44	11/34	22 35:32 2:23	18 1:26:15 27.8	7 51:20 5:08	2:26	2:08	
376	Nancy HASTINGS	Burlington	CAN	3:08:58	F50-54	9/12	11 44:29 2:58	5 1:21:53 29.3	8 58:10 5:49	2:38	1:51	
378	Jo SHARLAND	Oakville	CAN	3:09:18	F45-49	13/20	6 34:45 2:19	13 1:30:57 26.4	10 58:11 5:50	2:56	2:31	
475	David BREZER	Mississauga	CAN	2:31:58	M50-54	39/39	5 29:36 1:59	17 1:13:51 32.5	7 45:31 4:34	1:53	1:08	DQ